

OFFICE OF THE DIRECTOR-CUM-PRINCIPAL ATAL BIHARI VAJPAYEE GOVT. INSTITUTE OF ENGG. & TECHNOLOGY PRAGATINAGAR SHIMLA H.P-171202

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No. 149

Office Order

Dated:27 March 2025

A workshop on "Yogic Practices" will be conducted on 29 March, 2025, for B.Tech. 2nd-semester students (CSE, EE, ECE).

The workshop will feature two sessions led by Ms. Ritu Chauhan, a freelance yoga instructor from Shimla.

Students are required to attend both sessions:

- Morning Session: 6:00 A.M. 8:00 A.M. in front of the Academic Block (bring your yoga mats).
- Second Session: 11:15 A.M. 1:15 P.M. in the Auditorium.

Attendance in both sessions is mandatory. Students must ensure their presence.

The event will be coordinated by Dr. Divya Sharma (A.P. English) and Sh. Gopal Chand (Workshop Instructor, ECE), who will also oversee seating arrangements.

Director/Principal ABVGIET, Pragatinagar, Shimla, H.P.

Endst. No. ABVGIET/Trg/B.T/Misc/2024-891-895 Copy to:

- 1. The OIC Academics for kind information.
- 2. OIC ASH for kind information.
- 3. Dr. Divya Sharma, AP English and Sh. Gopal Chand Workshop instt. ECE for information and necessary action.
- 4. Cashier SWF (internal) for information.
- 5. Notice Board and website in-charge

Director/Principal ABVGIET, Pragatinagar, Shimla, H.P.